



# Why Did He Cheat on Me?: The Truth Behind Why Men Stray

*Rona Subotnik*

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## Why Did He Cheat on Me?: The Truth Behind Why Men Stray Rona Subotnik

Millions of us ask ourselves that very question every year. And then we ask ourselves the bigger question: Why? Is it me? Is it him? Is it That Woman? Or have we just grown apart?

In *Why Did He Cheat on Me?*, bestselling author and infidelity expert **Rona Subotnik** helps you understand what drives men to be unfaithful--and what you can do about it. From the first telltale sign to rebuilding trust, marriage counselor Subotnik takes you through the sometimes painful, always challenging process of dealing with infidelity, including:

- The fallout from infidelity
- Life transitions that can prompt affairs
- Unspoken wants and needs that affect your relationship
- The art of forgiveness

Armed with this insightful, prescriptive book, you can move forward with your life. Whether you decide to stay with your husband or not, you'll enjoy better, healthier, happier relationships--with or without him.



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