



## The Authentic You

*Jeff Schubert*

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# The Authentic You

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## **The Authentic You** Jeff Schubert

People have questions, prayers, and cynicism about life. “The Authentic You” is designed to help you find answers to the “whys” and the “hows” of how you came to be, who you are, where you are, and how to get to where you want to go. This is done by lifting the veil that the subconscious can use to inhibit you from seeing and bringing into conscious awareness that which may be holding you back. Call them karmic or subconscious ghosts from the past, unresolved conflicts, or patterns both in and out of conscious awareness that can lead any of us down the wrong or incomplete path. By uncovering and exploring the core four drives of human needs and behavior, The Authentic You crystallizes how we can get off course and inspires us to get back on. Armed with clarity of meaning and purpose the reader is invited on an esoteric and grounded journey. To start, or continue, on the path to authenticity.

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