



# Sapira's Art and Science of Bedside Diagnosis

*Jane M. Orient MD*

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The Fourth Edition of this textbook teaches the artful science of the patient interview and the physical examination—from the fundamentals to the most advanced levels. Written in an artful storytelling style, the book describes methods in step-by-step detail, with clinical pearls, vignettes, practical clinical experience, personal history, explanations of the physiologic significance of findings, and extensive discussions of evidence-based medicine.

### Highlights of this new edition include—

- "Points to Remember" boxes with three or four bullets per chapter
- More than 300 questions with answers and discussion
- Revisions based on new material from journals (especially *JAMA*, *New England Journal of Medicine*, *Mayo Clinic Proceedings*, and *Annals of Internal Medicine*); CME conferences, especially the weekly grand rounds at Carondelet St. Joseph's Hospital; specialty conferences pertaining to orthopedics and neurology; and cases that recently came up in practice
- More than 120 additional references, some new and some old classics newly discovered by the author
- Expanded discussion of evidence-based medicine, both its appropriate usage and pitfalls, with additional information on sensitivity, specificity, and other features of various findings from recent studies and review articles. Insights on the development of expertise have been added.
- Expanded discussion of sleep apnea, blast injury, "minor" head trauma, and cervical spine involvement in rheumatoid arthritis
- New findings pertaining to transplantation-related graft-versus-host problems, AIDS and the adverse effects of therapy, drug abuse, especially methamphetamine, and egg donation
- Additional maneuvers include the scapulohumeral reflex, the head thrust test, the apprehension test, and a newly described test for intercostal muscle innervation
- Additional information on dementia, hysteria, missed aneurysms, pulmonary embolism, evaluation of dehydration/malnutrition, and compressions-only cardiopulmonary resuscitation
- Updated and substantially simplified discussion of carotid stenosis and indications for carotid endarterectomy
- More historical tidbits, for example, on the development of thermometry
- Companion Website with fully searchable text and 300-question online test bank

Even with all of today's sophisticated laboratory and imaging technology, a skillfully performed patient interview and physical examination can be a quicker and more cost-effective route to an accurate diagnosis. The Fourth Edition of **Sapira's Art and Science of Bedside Diagnosis** is your guide to gaining the most reliable information from your patients, developing a differential diagnosis and an efficient diagnostic strategy.

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