



## **Saying Yes! to Saying No: A Parent's Guide to Values-Based Abstinence**

*Christy Baca*

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Saying Yes! to Saying No, moved me to being convicted of how calloused I had become to the influences in our world today, and yet I felt challenged to, take a stand against those same influences for my sons. If you have children or grandchildren, you will want to teach them to "Say No" when it counts, and this book will give you the tools to start now! -

Ryan Knight D.C.

There is a great deal of time spent educating students on the risks of obesity and the effects of smoking and drinking, Christy Baca feels more could be said about the health risks that are involved with sexual activity outside of marriage. Studies tell us that 40% of abstinent teens are participating in oral sex. According to a Bloomberg study, a virus spread by oral sex may cause more cases of throat cancer in men than smoking. Are you one of the 90% of parents who wish they knew what to say when it came to talking to your son or daughter about sex? *Saying Yes! to Saying No* will equip you with scripture, and communication tools to give you confidence to become the parent who is meeting the needs of the 87% of teens who say it would be easier to maintain a sexually pure lifestyle if their parents would have open conversations with them about sex. *Saying Yes! to Saying No addresses issues like sexting, pornography, boundaries in dating, and much more.* *Saying Yes! to Saying No* will give you tools to start developing the conversation of sexual intimacy from age three, building on that conversation through your son or daughter's young adult years.

Powerful Scriptures are placed in each chapter to remind you of the promises God has given you as a parent.

To book Christy for your next event -

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