



**The Skinny Slow Cooker Soup Recipe Book:  
Simple, Healthy & Delicious Low Calorie Soup  
Recipes For Your Slow Cooker. All Under 100, 200  
& 300 Calories.**

*CookNation*

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# **The Skinny Slow Cooker Soup Recipe Book: Simple, Healthy & Delicious Low Calorie Soup Recipes For Your Slow Cooker. All Under 100, 200 & 300 Calories.**

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**#1 Amazon Best Selling Author**

**The Skinny Slow Cooker Soup Recipe Book**

**Simple, Healthy & Delicious Low Calorie Soup Recipes For Your Slow Cooker. All Under 100, 200 & 300 Calories.**

Slow cookers are one of the most versatile appliances in the kitchen. They allow us to cook almost anything but perhaps one of the most rewarding, healthy and simplest of dishes that the slow cooker can create is soup.

*The Skinny Slow Cooker Soup Recipe Book* is packed with 70 simple, tasty, low calorie recipes for your slow cooker. Offering tips and inspiration, the book guides you through a range of delicious soup ideas for your slow cooker. From traditional family favourites to new and interesting ideas which will change the way you think about soup..... and **all under 100, 200 or 300 calories.**

Focusing on healthy fresh ingredients our skinny soups are perfect as part of a balanced diet and can be instrumental in helping you lose weight or maintain your figure without compromising on flavour, taste or leaving you feeling hungry. Making them the perfect partner to any calorie controlled diet.

If you are looking for some new ideas for soup making to help you lose weight, control your diet or to serve up a healthy balanced dish for your family then you will find inspiration here.

***Recipes include:***

**Three Bean Soup Simple**

**Lentil Soup**

**Sweet Potato & Orange Soup**

**Honey & Carrot Soup**

**Easy Cauliflower Cheese Soup**

**Watercress & Blue Cheese Soup**

**Celeriac Soup Creamy**

**Mushroom Soup**

**Classic Chicken Soup**

**Chicken & Leek Soup**

**Chicken & Sweetcorn Soup**

**Chicken, Basil & Pepper Soup**

**Oriental Chicken & Rice Soup**

**Vegetable & Chicken Broth**

**Creamy Chicken & Sweetcorn Soup**

Spicy Beef Soup  
Pea & Ham Soup  
Oriental Pork Soup  
Barley,  
Lamb & Vegetable Broth  
Creamy Crab & Rice Soup  
Smoked Haddock Soup  
Hot & Sour King Prawn Soup  
Porcini Noodle Soup  
Prawn & Coconut Cream Soup  
Pork & Beansprout Noodle Soup

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**From reader reviews:**

**Regina Laporte:**

Why don't make it to be your habit? Right now, try to prepare your time to do the important take action, like looking for your favorite publication and reading a guide. Beside you can solve your short lived problem; you can add your knowledge by the e-book entitled The Skinny Slow Cooker Soup Recipe Book: Simple, Healthy & Delicious Low Calorie Soup Recipes For Your Slow Cooker. All Under 100, 200 & 300 Calories.. Try to stumble through book The Skinny Slow Cooker Soup Recipe Book: Simple, Healthy & Delicious Low Calorie Soup Recipes For Your Slow Cooker. All Under 100, 200 & 300 Calories. as your buddy. It means that it can being your friend when you sense alone and beside associated with course make you smarter than ever. Yeah, it is very fortunated to suit your needs. The book makes you more confidence because you can know anything by the book. So , let us make new experience and knowledge with this book.

**Curtis Monahan:**

In this 21st hundred years, people become competitive in each way. By being competitive today, people have do something to make these people survives, being in the middle of the actual crowded place and notice simply by surrounding. One thing that often many people have underestimated it for a while is reading. Yeah, by reading a guide your ability to survive raise then having chance to endure than other is high. To suit your needs who want to start reading a new book, we give you that The Skinny Slow Cooker Soup Recipe Book: Simple, Healthy & Delicious Low Calorie Soup Recipes For Your Slow Cooker. All Under 100, 200 & 300 Calories. book as beginning and daily reading reserve. Why, because this book is usually more than just a book.

**Loretta Yoder:**

Precisely why? Because this The Skinny Slow Cooker Soup Recipe Book: Simple, Healthy & Delicious Low Calorie Soup Recipes For Your Slow Cooker. All Under 100, 200 & 300 Calories. is an unordinary book that the inside of the book waiting for you to snap it but latter it will distress you with the secret the item inside. Reading this book beside it was fantastic author who else write the book in such amazing way makes the content interior easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this any more or you going to regret it. This amazing book will give you a lot of rewards than the other book have got such as help improving your ability and your critical thinking approach. So , still want to hesitate having that book? If I were being you I will go to the reserve store hurriedly.

**Janice Hayes:**

As a college student exactly feel bored in order to reading. If their teacher expected them to go to the library or even make summary for some reserve, they are complained. Just tiny students that has reading's heart or

real their pastime. They just do what the trainer want, like asked to the library. They go to presently there but nothing reading significantly. Any students feel that studying is not important, boring and also can't see colorful pics on there. Yeah, it is to be complicated. Book is very important for you. As we know that on this age, many ways to get whatever we really wish for. Likewise word says, ways to reach Chinese's country. Therefore this The Skinny Slow Cooker Soup Recipe Book: Simple, Healthy & Delicious Low Calorie Soup Recipes For Your Slow Cooker. All Under 100, 200 & 300 Calories. can make you truly feel more interested to read.

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