



They Shall Beat Their Swords Into Plowshares. Military Strategy, Psychoanalysis and the Art of Living

Paul Marcus

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The good life, characterized by deep and wide love and creative and productive work, has been the quest of philosophers, psychologists, and all deep thinkers from time immemorial. The premise of this book is that there is an intimate, dynamic, and animating analogy between the art and science of war, as practiced by the great classical military strategists and generals, and the art and science of living the good life. Indeed, the masterful strategic, operational, and tactical formulations developed by the two greatest philosophers of war, the Chinese sage and military thinker, Sun Tzu, and the Prussian military officer Carl von Clausewitz, each maintain a direct relevance and application to the art of living the good life.

By mining some of their key insights and drawing from the writings of the great strategists and generals from history, including Thucydides, Machiavelli and Napoleon, this book illuminates some of the underappreciated wisdom that is pertinent to the average person's struggle to live the good life. It also incorporates useful insights from more recent master military strategists like Alfred Thayer Mahan, Julian Corbett, and Mao Tse-Tung, and contemporary soldier-scholars who have written on the nature of war, counter-insurgency, and terrorism. Military strategic theory, especially when combined with a psychoanalytic sensibility, has much guidance to offer to leading the good life, such as becoming a better partner in a love relationship, being more efficient and effective at work, prevailing in the face of adversity, making good decisions when confronted with tough choices, as well as insights for those working with challenging psychotherapy patients.

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