



The One True Barbecue: Fire, Smoke, and the Pitmasters Who Cook the Whole Hog

Rien Fertel

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In the spirit of the oral historians who tracked down and told the stories of America's original bluesmen, this is a journey into the southern heartland (the Pork Belt) to discover the last of the great roadside whole hog pitmasters who hold onto the heritage and the secrets of America's traditional barbecue.

Whole hog barbecue is a culinary art form that is both disappearing *and* experiencing a renaissance. In *The One True Barbecue*, Rien Fertel chronicles the uniquely southern art of whole hog barbecue—America's original barbecue—through the professional pitmasters who make a living firing, smoking, flipping, and cooking 200-plus pound pigs.

More than one hundred years have passed since a small group of families in the Carolinas and Tennessee started roasting a whole pig over a smoky, fiery pit. Descendants of these original pitmasters are still cooking, passing down the recipes and traditions across generations to those willing to take on the grueling, dangerous task. This isn't your typical backyard pig roast, and it's definitely not for the faint of heart. This is barbecue at its most primitive and *tasty*.

Fertel finds the gatekeepers of real southern barbecue to tell their stories and pays homage to the diversity and beauty of this culinary tradition. For anyone who has enjoyed the heavenly taste of tender, smoky, tangy whole hog, *The One True Barbecue* illuminates the origins and nuances of America's one true cuisine, and is an eye-opening and deeply enjoyable look at the fascinating and complex makeup of southern heritage and tradition.



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