



Resilient Widowers: Older Men Speak for Themselves

Alinde J. Moore, Dorothy C. Stratton

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"This is a most impressive work on a much needed and neglected area of older men who lost their spouses. Moore and Stratton listened to what these men had to say and presented us with such a rich mosaic of feelings, experiences, and hypotheses for future research."

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Based on the authors' intensive qualitative study of a diverse group of 51 widowers, this unique book sets widowhood within the context of life experience. It identifies characteristics and patterns of behavior that contribute to widower's success, as well as lack of success, in adjusting satisfactorily to their circumstances.

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