



# Get Over It! - The Ultimate Guide to Recovery: Breakup Edition

*B.B. Kyle*

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## **Get Over It! - The Ultimate Guide to Recovery: Breakup Edition B.B. Kyle**

Since the world isn't going to stop for your broken heart the best thing to do is learn to pick up the pieces and start moving forward. Get Over It! The Breakup Edition is about more than just licking your wounds – it's about what to do after. It's about kicking ass after the crying is over and discovering who you are now in this big game called life.

There's more to the aftermath of a breakup than crying, drinking and drowning your sorrows in bad, sentimental music. With Get Over It! You can get ideas and a real plan of action to survive and thrive when you come out on the other side.

- Learn how to avoid toxic friends
- Get true stories from both his and her point of view
- Use practical tips and then super FUN tips for moving forward
- Find out the power of The Misfits, Hank 3 or other new-to-you music can heal your soul
- Put the power of brainstorming into action to be better than you were before
- Access that all-so-important "What NOT to do List"
- And take advantage of the "30 Days of Daily Nondenominational Devos" to help get you through each day of the beginning of the recovery process!

With Get Over It! Books you get all that mushy stuff to help you feel better. But you also get some truth of the matter, hard to hear, smack talk to help you get your head together and your life back on track.



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