



## Bullies, Bigmouths & So-Called Friends: Blue Edition

*J. Alexander*

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# **Bullies, Bigmouths & So-Called Friends: Blue Edition**

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Most books about bullying tell children how to act without addressing how they feel—you can't act brave and confident if you feel stressed and helpless inside. Jenny Alexander's approach is to develop readers' psychological defenses. Through a mix of exercises, quizzes, and fictional scenarios, she combines common sense with simple cognitive techniques to build up children's self-esteem. Her tone is humorous and upbeat, but always sensitive to the reader's feelings.



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Why don't make it to become your habit? Right now, try to prepare your time to do the important take action, like looking for your favorite publication and reading a e-book. Beside you can solve your condition; you can add your knowledge by the reserve entitled Bullies, Bigmouths & So-Called Friends: Blue Edition. Try to face the book Bullies, Bigmouths & So-Called Friends: Blue Edition as your good friend. It means that it can to get your friend when you experience alone and beside regarding course make you smarter than previously. Yeah, it is very fortuned for you personally. The book makes you much more confidence because you can know every thing by the book. So , we should make new experience and also knowledge with this book.

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#### **Roger Sowa:**

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#### **Sharonda Adair:**

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