



Brave Girls: Beautiful You: A 90-Day Devotional

Thomas Nelson

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Sometimes it's tough being a girl!

Whether you are outgoing or shy, a tomboy or a girly girl, silly or serious, it can be really hard to feel comfortable with yourself. This devotional is filled with stories and thoughts about how God created us to be healthy, strong, and confident—both with our bodies and our minds—because we are daughters of the great heavenly Father.

The goal of Brave Girls® is to encourage you to appreciate yourself as God made you and to help you grow strong in your relationship with Him. *Beautiful You* will help you really see yourself as brave and beautiful inside and out . . . just like God made you!



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