



# A Bun in the Oven: The Real Guide to Pregnancy

*Kaz Cooke*

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## **A Bun in the Oven: The Real Guide to Pregnancy** Kaz Cooke

Pregnancy is chock-full of pleasantries like uncontrollable gas, crazy food cravings, stretch marks, and many other joys that go along with your body becoming a host organ. So it's a shame that most pregnancy books are outdated, dry, and full of clinical commands. At last, here's a week-by-week guide about what to expect when you're an expectant, modern, career woman with a sense of humor. A BUN IN THE OVEN delivers the up-to-date lowdown on pregnancy, birth, and coping when you first get home. No bossy rules, just the soundest, sanest, wittiest advice you'll ever get on topics like: What's happening to you and the baby each week. Nausea and other "side effects." Tests: what they are like and what they are for. The best services and books on everything. How to be rude to complete strangers who rub your tummy. Childbirth and pain relief. What life is like with a newborn baby. This irreverent guide to pregnancy-including the scary parts, funny parts, and private parts-is guaranteed to give you peace of mind, keep you informed, and make you laugh out loud. Each week also features a selection from Madeline the Modern Girl's pregnancy diary (in the spirit of *Bridget Jones's Diary* and *Sex and the City*). Like a trusted girlfriend, Madeline reveals the sometimes silly and always poignant details of her expectant journey. Features Kaz Cooke's syndicated comic illustrations. More than 60,000 copies sold in Australia.



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