



Girlfriends: The Hot Chicks'* Mini-Guide to Celebrating Female Friendships

Jodi Lipper, Cerina Vincent

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From the bestselling authors of How to Eat Like a Hot Chick, How to Love Like a Hot Chick and Live Like a Hot Chick comes a short but sweet valentine to the beauty and wonder of girlfriends. Defining a "Hot Chick" as a confident woman who knows what she wants and isn't afraid to get it, Jodi and Cerina have helped countless readers overcome food and diet issues, gain confidence in their relationships, and bring that same sexy, savvy attitude to their work and social lives. In Girlfriends: The Hot Chicks'* Mini-Guide to Celebrating Female Friendships, Jodi and Cerina discuss a topic near and dear to their hearts – how to create a positive, supportive sisterhood of girlfriends who will hold your hand through tough times, hold your hair through rough nights, and forever hold a special place in your heart.

*Hot Chick (definition): A confident woman. She knows what she wants and gets it. She is aware of her flaws, but she doesn't obsess over them and instead thinks that maybe (just maybe) they actually add to her unique beauty. She is passionate. She loves life. She is comfortable in her own skin and owns her sexuality, but uses it purely for good. She does not see other women as her enemy and competes only with herself to do her best at all times and to be her best at all times. She is forthright, honest, and disarmingly herself. She is having fun and she is sexy and you just want to be around her to soak up some of those good vibes. She isn't perfect, but she doesn't care because she is hot. And so are you.

Jodi Lipper and Cerina Vincent are the authors of the bestselling How to Eat Like a Hot Chick, How to Love Like a Hot Chick, and Live Like a Hot Chick, which have been featured on The Tyra Banks Show, Extra!, Good Morning America Now, and regular appearances on the Today Show. Together, Jodi and Cerina have written for Maxim Magazine, The Huffington Post, Pop Sugar, Galtime, and many other print and online publications.

Jodi Lipper is a prolific writer, editor, and ghostwriter who has written books for numerous experts and celebrities in a variety of genres including lifestyle, self-help, and memoir. In 2013, Jodi published her first novel, Fresh Women, which is now available as an e-book. She lives in Manhattan with her husband and two young daughters.

Cerina Vincent is an actress, writer, and producer who has starred in over fifty films and television series. World renowned as a "scream queen" for her work in popular genre films such as CABIN FEVER, Cerina is also known for her daring roles in comedy. Cerina lives in Los Angeles and is prepping for the release of her latest action/thriller, MoniKa.



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