



Por el placer de vivir (New Ed.) (Spanish Edition)

César Lozano

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En este libro el doctor César Lozano hace una serie de reflexiones profundas sobre tu papel en esta vida, la importancia de alcanzar tus metas y cómo compartir amor, esperanza y vitalidad con tus seres más queridos.

Con el lenguaje franco que lo caracteriza, donde el humor y la profundidad no están peleados, César Lozano te invita a ser cada día mejor persona reconociendo tus errores, modificando tu conducta y compartiendo con quienes te rodean optimismo y buena vibra.

Destacado motivador, ha impartido numerosas conferencias en México y en el extranjero sobre cómo ser mejores, superación personal, desarrollo humano y búsqueda de la felicidad, entre otros temas. Es autor de los libros Destellos, Despierta que la vida sigue y Una buena forma de decir adiós, publicados en Aguilar y de algunos audio-libros. Sus participaciones en conferencias, radio y televisión han logrado que miles de personas sigan sus consejos para ser mejores cada día.

English Description:

In his latest work, internationally renowned motivational speaker Dr. César Lozano makes a series of insightful reflections, on our role in life, the importance of reaching our goals, and how to share love, hope, and liveliness with our loved ones. With his characteristic brand of language, where humor and profoundness coexist in perfect harmony, Dr. César Lozano invites us to become a better version of ourselves one day at a time by recognizing our mistakes, modifying our conduct, and injecting optimism and good vibes with those around us. Author, panelist, and radio and television guest, Dr. César Lozano's advice has changed the lives of thousands.

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